



Points of Perception

Prophecies and Teachings of Saint Germain

THE GOLDEN CITY SERIES
BOOK ONE



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to Saint Germain

*"The lesser mysteries are rituals of self-control and purification.
The greater mysteries are rituals of creation."*

~ Manly P. Hall

THANKS FROM THE AUTHOR AND PUBLISHER:

To my partner and husband Len—without his support and love throughout the years, this work would not be available. I express deep appreciation to my editor Felicia whose consummate craft inspired a re-calibration that honed the appendices, bibliography, index, and almost every page of this book. I also acknowledge Barbara who took precious time from her busy life to write the foreword for this book. I cherish her friendship and wisdom alongside her continued contribution to this work. Many thanks to Mark whose insights during the creative process were helpful, especially with the first chapters. Eternal gratitude to the many students who have crossed my path, and courageously asked the questions so we could all learn: Sherry, Lynne, Julie, Jan, Susan, Elsa, and many others. A special thank-you to Elise for her expert

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OM MANAYA PITAYA HITAKA

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Love, in service, breathes the breath for all!



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Foreword

Reader,

By purchasing this book and opening these pages, you have invoked an inspiring journey, whatever degree your acquaintance has been with the Saint Germain teachings up to this point. If you are new to the concepts, you will revel in possibilities as thoughts clarify and doors in your mind fly open; if you are familiar with the material, you will appreciate the power a mature perception can bring to the written word. I say this with confidence as I have been a student of metaphysical teachings for the past 25 years, and I share your appetite for larger vision. I say this as a teacher of literature, a lover of words, for the past three decades. Yes, I am confident you will find your own stash of intellectual and spiritual treasure in the Golden Cities series.

You can read an excellent distillation of Lori Toyé's life in the biography found at the end of this work, but I would like to add to this introduction my own down-to-earth, first-hand perception of this gentle and amazing prophet. I have known her since 1994. I have taken workshops from her, edited her books, hiked breath-taking landscapes with her, attended her children's weddings and she and Len were witnesses at our wedding, sat in medicine lodges with her, shared with her the experience of being a grandmother for the first time, watched her struggle as a private person in the public eye, shared recipes, helplessly witnessed the impact made on her by those who judged her and betrayed her trust, as well as rejoiced with those whose lives were deeply enriched by knowing her and hearing her message, listened to many hours of her channeled transmissions on audio tapes, observed her body's physical challenges and her triumphant self-healings. In other words, I am her friend—a celebrity, of sorts, only to the college students I teach, to my family, and to the wonderful friends I met on my life's journey. While Lori easily could have found someone with far greater name recognition to write a foreword to her culminating series, she preferred it be written by a person like me—someone who has shared the path with her for the past 15 years.

What distinguishes prophets from the rest of us is that at some turning point, at a designated cross road, prophets because of their understanding and commitment, are willing to take on a greater degree of risk. Lori's larger biography, a book for another day, will outline the details and specific trials of her life as a visionary, a prophet, and clairau-

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dient trance channel. For our present purposes, perhaps it is best to remember what we have in common, what each came here to experience and learn—who I AM.

Lori and I share similar experiences of deep change—and as you have been drawn to this book, no doubt you have too. Consciously or unconsciously all of us initiate our transformative journeys, most of us from humble and ordinary beginnings. The debunked relationships, the divorces, the expulsion from groups to which we were attached, the lost job, the lost loved ones, the financial ruin, the great divide in friendships, rifts between family members—all these things have the potential to catapult us into the next level of consciousness. Lori calls this metamorphosis in consciousness “belief exploding.” The term implies the violence of change, but it’s actually a necessary shedding of the status quo; the skin that confines us must be shed in order to grow. In Lori’s words:

Over time we have found that if we just believe what we are told, the teachings remain very one-dimensional—flat, limited and uninspired. The educational process of the Ascended Masters moves an individual beyond belief, into valuable personal experience and ‘into the laboratory of the self.’

The courage this takes can’t be underestimated. So how did we get through it? How will we get through the next great skin-shedding cycle?

Indulge me here. Reflect. Think back on an awakening you had, a moment that served as an agent to change your life—the right book found its way into your hands, the perfect person timely dropped into your life, the divine phrase or lyric overheard unexpectedly, the film spoke to you at the right moment, the scene in nature you happened to witness, an economic downturn revised your priorities over night. Can you recall the feeling, the adrenaline pumping through your heart radiating out from every cell of your body and being, the thrill of breaking through the veil, catching the first whiff of freedom—electrifying and energizing, the skin of your cocoon splitting right down the middle? At those moments we understood what the chick feels when it first becomes aware of its ability to break through the egg shell.

In the School of the Four Pillars Len and Lori teach that thought, feeling, and action are the cornerstones for our human experience. When I finally grasped the power of this simple formula, life made a bit more sense. I realized my power to generate and direct my thoughts and feelings and in doing so, better understand what action to take. I finally understood the missing link to Renee Descartes’ philosophical ideology, “I think, therefore I am.” The missing link is feeling. Thoughts and feelings define my action and shape my experience. Feelings are truly divine gifts. So, what would happen if we flood our beings with the memory of those feelings of excitement and liberation I mentioned earlier, when we woke up each day? These feelings are the deserved fruits of our experiences. We own them and we have access to them. Why not use the energy they can

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ignite to fuel us through our lessons of the future? When we read books such as *Points of Perception* we are reminded of our internal power and magnificence. The vibration of the words fills up the tank of limitlessness for our future journeys.

We know now that every message we need is available or within our grasp, if only we recalibrate our PERCEPTION into a mode of reception and gratitude. We shed the confining skin of status quo, (or circumstance conveniently rips it off for us) and we reach out to others, to books, to authorities, to prophets in order to better understand our changes and validate them as human experiences in a much larger plan. But after all the reading, speaking and listening, we return to the deep sacred silence of our souls, the voice of I AM. Here we hear our truth; here we feel; here we know. This book is merely a guide post or a mile marker for our own precious PERCEPTION.

This book is also an incredible compilation of metaphysical information. As a member of the human race, I have a ravenous appetite for understanding the evolution of epochs as well as the consciousness that drives them. Not only is it one of the most accessible distillations of the Saint Germain teachings, having been culled and refined for our current perceptions, but *Points of Perception* is also accompanied by one of the most helpful and thoroughly researched appendices I have ever read. It is an intellectual as well as a spiritual treasure trove.

Yours in a perpetual state of shedding and recalibrating perception,

Barbara Hockabout

Show Low, Arizona

April, 2009

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The Fourth Dimension

Saint Germain

GREETINGS, BELOVED CHELAS.

I AM Saint Germain, and I request permission to come forth.

“Dear one, come forth.”

The Time of Transition is intense, is it not, Dear ones? This is a time when you gather unto yourselves, asking for that refreshing drink, that inner stillness, that Time of Peace. When shall it come in a sustained manner? When shall this grace be the law that reigns supreme?

I serve as Cohan of the Seventh Ray, the Seventh Ray that rules the Laws of Mercy and Compassion. I also serve the Laws of Ceremonial Order and Alchemy. They are as simple as Transmutation; for example, have you seen how the snow turns to water? Fire into ash? Wind into sunshine? These are all acts of Alchemy in nature. How do we achieve these?

Through the spirit, the soul, the mind, and the feelings. These principles are based on the Law of Rhythm. Beloved Kuan Yin has taught “it is Sattva,” or a harmonious response to rhythm. You understand, dear ones, the concept “as above, so below.” The Law of Correspondence states, “as in heaven, so shall it be below.”

When you hear higher frequency sounds, those that are inaudible to the ear but audible to the senses, you cannot null and void that sound. It exists in another, higher dimension, and it corresponds—it also has an effect on—a lower dimension. The Law of Correspondence, you see, dovetails with the Law of Cause and Effect. The causes are engendered in one dimension, have their effects in other dimensions. In this way, you could even perceive the past and the future as being dimensional—a cause beginning in the past and having its effect in the future. And it all happens through these laws; which rule this grand creation of mind, which rule all things and inform the nature and the quality of Omni-essence. And we still ask, how is it that this Law of Rhythm can bring peace out of turmoil, grace after siege, harmony where there has been chaos?

For more information and study topics on *The Fourth Dimension*, see Appendix D, page 188.

THE FOURTH DIMENSION

Picture, if you will, a pendulum swinging, even the pendulum of a grandfather clock, arching back and forth, to and fro—these are the rhythms of all things that you experience in a Third-Dimensional body. The rhythms of life always surround you—the rhythms of seasons, the rhythms of time. And do these things have an effect on you? Think back. Remember your rhythm when you were seven; the rhythm that contained you when you were fourteen; and the rhythm you expressed when you were twenty-one.

Did you not then have a particular rhythm that arched to and fro, connecting to that specific point of consciousness in time? Your whole life has a rhythm based on the Law of Cause and Effect—the causes coming from the past, the effects playing out in the future. The thoughts you had when you were seven, fourteen, and twenty-one affected every ensuing year. This intellectual energy became your future and led you through your path in life: a path predetermined by the choices you made and blessed with the breath of Co-creatorship. Subconsciously, you know that through the mighty cosmic law, Alchemy and Transmutation change all things.

Oh, how you look back now on those years of your youth! But, with seeing eyes and hearing ears, you're wiser now. Those are the times I ask you to draw upon, Dear ones. Using that vibration and knowledge, which are wisdom, I ask you to draw upon those times in your times of peace, contemplation, and meditation. For then you shall see how far you have traveled on this path; and you will understand, through your tears, the joy of this spiritual work.

Sattva is that harmonious response to vibration, and that vibration often is not the cause but the effect. Right now, as I have lowered my vibrations dimensionally, do you not feel my energy and my radiance around you, Dear ones?

Answer: "Yes."

That is a response—that feeling within your being responding to vibration. How many more vibrations do you feel during the day? I ask you to become aware, for just one hour in a day, of the vibrations around you. Experience the vibrations of nature, of consciousness, of the physical world, of business, of sound, and of light. Your body responds to all of these, adjusting your body temperature and assuring your comfort. You neutralize some of them in your mind. Some vibrations you respond to with criticism or awareness, and some you have no awareness of at all even though they bathe your body and your lifestream. Vibration, Dear ones, is the key to understanding ascension.

The time has come to increase your awareness of vibration.

Vibration is known as the *Fourth Dimension*. It is a dimension where you are freed to another Plane of Cause, to another experience and another existence. It is a dimension that does not require such cautious and often tedious tending of the body. However, it is still a physical experience—but an expanded physical experience on your journey home.



The Fountain of Life

Saint Germain Gives Personal Instruction

GREETINGS IN THAT MIGHTY CHRIST. I AM SAINT GERMAIN, AND I REQUEST PERMISSION TO COME FORWARD, DEAR STUDENTS.

“Please dear one, you are most welcome.”

We have requested to come forward this day to give you discourse about the upcoming times and changes. Alongside me today is beloved El Morya, Chohan of the First Ray as he has instruction to bring to you; however, before we proceed, I would like to give you a short discourse.

This discourse is in preparation for the times to come, the times ahead. It is a discourse not only on forgiveness, but a discourse on Transmutation. As I have always said, “Down with death!” Death, you see Dear ones, is a consciousness that is held. It is also a pattern held, and it is also a pattern held in the body and in the Cellular Memory. How do we destroy the consciousness of death and allow the consciousness of life to become the ever-present life force?

It is as simple as electromagnetics; but, it is also as simple as thought, feeling, and action—as we have always taught in these teachings. When you decree a thing through the voice and the power of sound, you bring it into a level of manifestation. When you speak with the voice you recognize [your own], the words of your language create a quality of consciousness.

That is, the brain has allowed a thought to come forward to pattern the cells of the body. So, when you speak the decrees we have given you and with the word I AM, which commands the God presence into action, you are, in essence, decreeing a thing into motion, into rhythm, into Sattva.

Dear ones, to bring forward the pattern of life, one must constantly attune their speech patterns and life habits toward the *quality* of effervescent life. Avoid speech patterns that accept death as an inevitable ending as in that final fear in doom and gloom.

For more information and study topics on *The Fountain of Life*, see Appendix L, page 242.

THE FOUNTAIN OF LIFE

Haven't you come to understand that consciousness, indeed, is the quality that can hold either pattern of life or death? Then it is consciousness that is the key that holds the final pivotal point and acceleration to the New Dimensions. The New Dimension[s] that we speak of at this moment is the Fourth Dimension of Vibration. This Fourth Dimension of Vibration is indeed the next level that must be developed to understand life eternal. The first Three Dimensions that we speak of are held within the Karmic waves of life and death. The Karmic waves of life and death are where consciousness and death consciousness are programmed—the understanding that death could rule life. However, you have known through these teachings that knowledge rises above superstition. The belief systems that once held you in the trappings of illusions and death are just those, illusions. It is time Dear ones, stalwart followers of this work, chelas, and disciples of the Violet Flame, to come forward now, and decree life unto your being:

I AM the effervescent life flowing through.

I AM the effervescent life transmuting.

I AM the effervescent life of life!

Those who have sought the fountain of youth have now discovered that the fountain of youth lies within the fountain of consciousness! Open your fountain of consciousness—let the waters pour forward into your life, into your energy fields.

This wellspring, this fountain of life that exists within you, will lead you onward to Fourth Dimensional Consciousness. Fourth Dimensional Consciousness is indeed the Consciousness of Vibration. When we enter into your energy fields, we enter and access through the Fourth Dimension. That is why we ask, "Do we have permission to come forward?" For this permission allows us to access *your* Fourth Dimensional [Energy] Fields; to raise them to a higher level of vibration. When one opens the third eye through the pineal gland that exists in the physical body, you are opening an entry, a door, a portal, to the Fourth Dimension.

The Fourth Dimensional Consciousness is where we reside when we come to give discourse. Now is not the time or the dispensation when the Masters—spiritual teachers—will appear in Third Dimensional bodies. For you see Dear ones, the earth, her people, and her transition have allowed the collective consciousness to fall to yet *even* a lower state; a lower state that will not allow our entry at this moment. However, a time will come when we shall appear again, not only in the Fourth Dimension, but in the other dimensions [such as the Third Dimension] as you are now experiencing.

This will come after the great shift of the poles; after the great shift in consciousness. You will rest your weary feet and hands. But for now how shall you persevere throughout these days, these final days, the days of transition? It is important to continue with your spiritual disciplines as I have outlined in this discourse: call a thing into action and call Transmutation into action. This is done through the use of the Violet Flame, and at this time, the Violet Flame is the greatest gift for all of humanity. When you call upon the Violet Flame, it alone has the ability to transmute and change *any* situation at *any* time. Even the wars currently waging in the Middle East could be changed if the focus were placed on Transmutation and



The Point of Perception

Saint Germain on Conscious Co-creation

GREETINGS BELOVEDS, IN THAT MIGHTY CHRIST.

I AM Saint Germain and I stream forth on that Mighty Transmuting Violet Ray of Mercy and Forgiveness. As usual Dear hearts, I ask permission to come forward.

“Saint Germain, you have permission.”

Often you ask within, “What is my purpose here? What is the purpose of life and this existence in the physical?”

Dear ones, the work of prophecy has been brought forward to show you that you are indeed the creator of your reality. It is a teaching that scratches only the surface, and only the chela that is willing to go deeper within discovers that he or she is linked to the purpose of all things.

Prophecy is a teaching that begins at the greater reality, and then leads one into the inner-reality. That greater reality is of the world: political systems, social systems, and geophysical systems. Then the student or chela faces the inner being; the inner systems that exist, such as the soul’s intention; and the individual’s purpose of life in the physical reality.

You have asked many times in your meditations, “Why am I doing this? What is the intention of this work? What is the purpose of my life on earth?” You see, Dear hearts, you are here for one sole purpose, and that *is* your choice. You have all *chosen* to come here! All choose to take physical incarnation. All choose the circumstances of each birth. All chose the time that each incarnates.

When one begins to understand that they are the creator of their circumstances, their situations, and all things surrounding them, they are placed, shall we say, into a *new* division. For you have begun to understand that thought, feeling, and desire through the expert of your focus creates your reality, it creates your circumstances, and it creates each situation.

For more information and study topics on *The Point of Perception*, see Appendix O, page 272.

THE POINT OF PERCEPTION

You may wonder, “Where does time fit into all of this?” You see time as a nonexistent entity, and a way to identify each circumstance, each situation. Time is relative in this respect, Dear hearts. Time comes forward to *serve* your creation. So then, you move on to understand that there is no past, there is no future, there is only *now*. The time is now! We have always stated this in the introductory teachings of prophecy. The times that come ahead, which *could* be a time of geophysical, social, political, and economic upheaval, are all those events chosen by the will of the collective consciousness.

Collective consciousness is a higher structure, a higher arching of energy of individual consciousness. You, yourself, as an individual have individual consciousness. This we have studied, Dear hearts, in understanding layers of the auric field and the flame within the heart. However, as we have taught in many other teachings, you are linked to a greater Oneship—the consciousness of Unana, the consciousness of the ONE. This consciousness of the ONE is comprised in its simplest form of *two or more*. However, there can be many more linked into this greater scope of consciousness. This we have called in other teachings as a *unified field of thought*. This is taught in the First Jurisdiction in the teachings of creatorship as *harmony*.

When harmony is present among *two or more*, there is the potential and the possibility for a unified collective thought. The unified collective thought creates a greater reality, a greater understanding. This greater understanding, which comes forward in the consciousness of Unana, is what is meant by the term *collective consciousness*. Collective consciousness acts on a greater will, greater than the individual; and it serves the plan of the group united in harmony.

You may scratch your head and wonder, “We have created this reality through harmony?” This is indeed so! What you see, you have created. What you are living is what *you* have created. This creation comes forward through harmony. It is very similar to adjusting your television to a bandwidth to receive a television program. In the same manner you adjust your *own receiver* to a bandwidth of new experience.

Let me explain this even further. There are indeed different planes, or unified fields of collective consciousness that you may tune yourself individually. This is how you adjust experience. This is how you can adjust the way that you perceive a situation—a circumstance. When you understand this concept there are many possibilities that exist within a bandwidth of collective consciousness. You will begin to understand the power of your choice and the power of your creatorship. You are in essence, as consciousness surfing upon the waves of time.

Time again, is perceived by the individual, but you are surfing upon a selection of circumstances and situations, and you are at the controls. You are the Master of this show, the Master of Ceremony of your life! Bearing this in mind, Dear hearts, Dear ones, Dear Chelas, you are now ready to move forward. Understand that through your ONE collective reality that you have created exists a multitude of choices and a multitude of experiences that you may now choose from. Have you not noted while driving in traffic that your experience can

THE POINT OF PERCEPTION

be one of many? You can be frustrated; you can be peaceful; you can be focused; you can be detached—a multitude of feelings that you can have through the simple act of driving.

Now, let us take this idea to a greater idea, a greater experience.

In your life today are many choices, many possibilities of how you may live out each moment. Each moment—not time—each moment is a situation, a circumstance of how you choose to experience living in a greater collective reality. Do you see that you are surfing the greater reality, choosing your experiences? Choice *does* indeed create!

The creation comes through harmony. This greater harmony that you have come to experience is imbedded, again, in the principle of your choice. As your choices come together, there is indeed the collective reality. Do you see the relationship, Dear one?

Answer: “Yes.”

So in laying this framework, this groundwork, I would like to proceed and impart more understanding. As you now see that you have many experiences to choose from, how is it that you may travel among each of these experiences, each of these circumstances, each of these situations? It is through your consciousness. Now let us refer back to the beginning teachings of consciousness. Consciousness creates an electromagnetic pulse. This electromagnetic pulse is the basis of the field of life that exists around you known as the human aura. I have explained this in previous teachings, and the human aura can be separated into different bodies or fields of light. Each of these fields of light experiences a different circumstance, a different situation. We call these simply the *emotional body*; the *mental body*. These are teachings that I have given in prior discourse, and if you review them, you then will understand this next point.

Much as you are able to adjust your experiences among each situation that you choose, and each circumstance that you choose, how is it that you are able to perceive the difference? It is through creation, again through thought, that a new body is formed through that mental point of perception. This allows the consciousness to travel to each experience. This body of light, as it is called and known by in these teachings, radiates through each of these experiences. Now, there would be those who call this a Simultaneous Experience, but now you understand yourself as a creator, as the originator, the God-source of these different bodies of light. You see, within yourself is a hierarchy of creation! Many different bodies of light travel through to an experience, a point in time that is perceived, and then the totality of that experience is allowed through circumstance and situation. What enfolds from this unified field of understanding is Simultaneous Embodiment, fields of light springing from the ONE continuous source that precedes, and even from one point again, as one point has sprouted from that source. Again it contains the source within it, and so it is able to sprout again, or

Spiritual Lineage of the Violet Flame

The teachings of the Violet Flame, as taught in the work of I AM America, come through the Goddess of Compassion and Mercy Kuan Yin. She holds the feminine aspects of the flame, which are Compassion, Mercy, Forgiveness, and Peace. Her work with the Violet Flame is well documented in the history of Ascended Master teachings, and it is said that the altar of the etheric Temple of Mercy holds the flame in a lotus cup. She became Saint Germain's teacher of the Sacred Fire in the inner realms, and he carried the masculine aspect of the flame into human activity through Purification, Alchemy, and Transmutation. One of the best means to attract the beneficent activities of the Violet Flame is through the use of decrees and invocation. However, you can meditate on the flame, visualize the flame, and receive its transmuting energies like "the light of a thousand suns," radiant and vibrant as the first day that the Elohim Arcturus and Diana drew it forth from our solar sun at the creation of the earth. Whatever form, each time you use the Violet Flame these two Master Teachers hold you in the loving arms of its action and power.

The following is an invocation for the Violet Flame to be used at sunrise or sunset. It is utilized while experiencing the visible change of night to day, and day to night. In fact, if you observe the horizon at these times, you will witness light transitioning from pinks to blues, and then a subtle violet strip adorning the sky. We have used this invocation for years in varying scenes and circumstances, overlooking lakes, rivers, mountaintops, deserts, and prairies; in huddled traffic and busy streets; with groups of students or sitting with a friend, but more commonly alone in our home or office, with a glint of soft light streaming from a window. The result is always the same: a calm, centering force of stillness. We call it the Space.

Invocation of the Violet Flame for Sunrise and Sunset

I invoke the Violet Flame to come forth in the name of I AM that I AM,
To the Creative Force of all the realms of all the Universes, the Alpha, the Omega, the Beginning, and the End,
To the Great Cosmic Beings and Torch Bearers of all the realms of all the Universes,
And the Brotherhoods and Sisterhoods of Breath, Sound, and Light, who honor this Violet Flame that comes forth from the Ray of Divine Love—the Pink Ray, and the Ray of Divine Will—the Blue Ray of all Eternal Truths.

I invoke the Violet Flame to come forth in the name of I AM that I AM!
Mighty Violet Flame, stream forth from the Heart of the Central Logos, the Mighty Great Central Sun! Stream in, through, and around me.

(Then insert other prayers and/or decrees for the Violet Flame.)

GLOSSARY

Simultaneous Realities or Experiences: A transmigratory experience based on a non-linear perspective of time. It holds all the possibilities of past, present, and future events. Simultaneous realities maintain the capacity for multiple experiences and outcomes. Each reality exists side by side. A person could consciously open himself or herself to these scenarios to gain insight and self-knowledge.

Six-Map Scenario: A series of six maps of the United States. The Ascended Masters prophesied this schematic to illustrate choice, consciousness, and their relationship to Earth Changes.

Soletata: The feminine

Soul: The self-aware immortal essence unique to every living being

Soul Mate: Two people who have known each other in the journey of lifetimes through many different types of relationships, e.g. lovers, friends, parents, children, brothers, sisters, and so on. Attracted by this affinity, the souls—before entering physical bodies—plan the specific and important roles they will play to each other in their lifetime together.

Source and destination: The teaching of a fundamental process that moves conscious energy from one point to another.

Southern Door: The south side of a Golden City gateway, also known as the *Red Door*.

Spiritual Awakening: Conscious awareness of personal experiences and existence beyond the physical, material world. Consequently, an internalization of one's true nature and relationship to life is revealed, freeing one of the lesser self (ego) and engendering contact with the higher (Christ) self and the I AM.

Spiritual Hierarchy: A fellowship of Ascended Masters and their disciples. This group helps humanity through the mental plane with meditation, decrees, and prayer.

Spiritual Migration: The process of moving to and living in certain geophysical areas to purposely integrate and assimilate earth's sacred energies for spiritual growth and evolution.

Sponsorship: To support and engender spiritual growth and evolution

Star: The apex, or center of each Golden City.

Star Seed Consciousness: The Star Seed is a family or soul group whose members have evolved to Fifth-Dimensional awareness. Star Seeds can also contain members who have not yet evolved to this level and are still incarnating on earth.

Subjective Energy Body: This type of energy is similar to a *thought-form*, which causes

APPENDIX C

Topics and Terms for Changing of the Guard

Sensing Changes in Energy

Karma: Cause and Effect

Ascended Masters Adjust Energy

Sanctus Germanus, the Holy Brother

The United States of Europe

Governments and the Right to Vote

Guidance on Diet, Food, and Pesticides

Erasing Death Consciousness

The Dark Government

Karma: Karma means actions, both bad and good. It comes from the Sanskrit word, kri, which means to act. This term also describes the consequences of past actions, including the activities and the circumstances of former lives.

Shamballa and the development of the Mystery Schools: In Sanskrit it means a place of peace, tranquility, and happiness. To the Buddhists, Shamballa is an Eden, a Shangri-La tucked away in the mountains of Tibet. The Ascended Masters consider Shamballa a mystical and venerated city, a metaphysical paragon that exudes untarnished energy, absolute beauty, and spiritual perfection. But, Earth could not sustain its perfection and purity. Shamballa thrice experienced cataclysmic Earth Changes, the final initiated by the Lords of Venus. And until humanity embraces a higher spiritual consciousness, Shamballa will continue to exist in the ether. Its true purpose forever smolders in the embers of this city. Open to eternal speculation and distortion, Shamballa will always reside in the spiritual virtue of the Fifth Dimension.

A P P E N D I X C

According to Ascended-Master legend, the Venusian Lord Sanat Kumara sparked, literally, Shamballa's destruction. He surrounded the city with piles of sandalwood logs and set it afire. And though only ashes remained of this once glorious Golden City, the Lords of Venus established an etheric template, relocating the magnificent Temples and Schools of Higher Knowledge. Entry is exclusive and limited to those "whose eyes and ears were open." That is, those evolved and spiritually developed souls who perceive and understand the Fourth and Fifth Dimensions. The Lords of Venus, however, remained accessible and helpful to Third-Dimension members of humanity. They established hidden and secret schools of knowledge throughout the earth: centers that encourage spiritual growth until individual contact with higher-dimensional schools is obtained.

These groups and organizations include lodges, mystery schools, and brotherhoods. Brahmanist, Eleusian, Samothracian, Isis, Orphism, Cabeiri, Egyptian, Druidic, Delphinian, Dionysiac, Hermetic, Rosicrucian, and Free-Masonry lodges are among this cryptic and storied fellowship. The members of these secret societies understand the brittle underpinnings of their work. And though they strive to help humanity achieve a higher level of consciousness, organized and forceful resistance often stymies their progress. That's why they close ranks, to operate freely, detached from persecution, harassment, and discrimination, within the safety of their vows of secrecy, ancient knowledge, and road-tested wisdom. Well aware of the duality and vibratory nature of the earth experience, these secret organizations train special emissaries to roam the world and counter resistance. The Master Teacher Saint Germain is one of these great ambassadors. These remarkable personages, forming an order quite different from society, guide humanity through critical periods of history.

Saint Germain, The Holy Brother: The Lord of the Seventh Ray and the Master of the Violet Flame, Saint Germain lived numerous noteworthy lifetimes, dating back thousands of years, before incarnating as the Comte de Saint Germain during Renaissance Europe. In his own Trance-Mission, *Changing the Guard*, he illustrates his life as the Englishman Sir Francis Bacon, the sixteenth-century philosopher, essayist, and Utopian who greatly influenced the philosophy of inductive science. His most profound and well-known work on the restoration of humanity, the *Instauratio Magna* (Great Restoration), defined him as an icon of the Elizabe-

APPENDIX H

Topics and Terms for Golden City Classes

Golden Cities form the New Consciousness

Intention and Aligning the Will

The Role of Golden Cities and the Spiritual Awakening

Holding Consciousness in a Geophysical Location

Learning Assists the Out-Picturing Process

Light is Love in Action

On Soul Mates

Prophecy is a Philosophy and Spiritual Teaching

Altering Outcomes

Spiritual Prophecies

1. The Golden Cities are templates to understand Global Ascension.
2. Each Golden City assists the Spiritual Awakening of humanity.
3. The Golden Cities hold the first seeds of consciousness that awaken the world to the New Times as “a new way of being.”
4. At Golden City lei-line intersections, the creation and co-creation processes are heightened.
5. The teachings of the Native Americans create a spiritual bridge between the Eastern and Western worlds.
6. The teachings of Christ Consciousness as “super-consciousness” will begin a new cycle for humanity.
7. “We cannot alter the cycle; however, we can alter outcomes of cycles.”

A P P E N D I X H

8. The Earth Changes are the completion of a cycle. The Ascended Masters courageously advise, “Do not fear the times ahead of you!” This closure is an opportunity for humanity to embrace critical spiritual growth and evolution.
9. Living the “Law of Love” alongside trust, faith, and hope can create positive change.

Earth Changes Prophecies:

1. The duration of the Time of Change may be as short as six years or as long as 1,000.
2. The cleansing and purification of the earth represent the expunging of various systems. This process of transformation occurs at many levels, outwardly and within. Prophecies say the following systems will undergo tremendous changes:
 - a. The Deva Kingdom
 - b. The Elemental Kingdom
 - c. The Nature Spirits
 - d. The Vegetable and Flower Kingdoms
 - e. The Mineral Kingdom
 - f. The Animal Kingdom
 - g. The inner self of every person on earth

Golden City Roles During the Prophecies of Change:

1. **The Golden City of Malton:** After the Earth Changes, the Golden City of Malton will embody one of the highest vibrational frequencies of harmony on the earth. The cooperation of all Kingdoms of Creation, primarily the Deva and Elemental Kingdoms, promote this city’s heightened tranquility and amity. According to the prophecies, bountiful and lavish gardens will flourish in this Golden City of the future.
2. **The Golden City of Klehma:** In the Golden City of Klehma, many people will begin to understand the wisdom of ascension and its application for the New Times.
3. **The Golden City of Shalahah:** During the most tumultuous Earth Changes, the energies of the Golden City of Shalahah hold hope for the future and provide healing power for mankind.

The Great Reason: According to theosophical thought, the monad itself is not self-conscious. In fact, it embarks on an evolutionary pilgrimage to acquire and obtain self-conscious intelli-