


THE ART OF CHANNELING,
WRITTEN BY LORI TOYE EX-
PLORES THE PHENOMENON
OF CHANNELING AND EX-
AMINES WORKS BY H.P.
BLAVATSKY, ALICE BAILEY,
EDGAR CAYCE, PAUL
SOLOMON, EMANUEL
SWEDONBORG, JANE ROB-
ERTS AND MUCH MORE.



iamamerica e-lesson

It was the third time that I had interviewed on the national radio late night talk show. The interviewer was perceptive and to the point, “I’m sorry Lori, I just don’t find channeled information credible.” You’d think that I’d be crushed, due to the fact that for the last ten years trance channel would best describe my career. And now, 17 million avid listeners had also heard that their beloved host did not find my information believable. I understood perfectly why a remark like this was common; it was a concern that I had heard many times before. I kept quiet and waited for the next caller; but my heart burned with the truth. I knew he was wrong. The same experience, to some extent happened in another media interview. I inadvertently used the word ‘channel’ to explain the source of my information. Immediately I was interrupted. “Oh no, we can’t use that word, it will incite far too much. Is there another word that you could use?” We settled on the phrase ‘meditative state.’ Several years ago in a session, Sananda gave an insightful teaching. He declared, “I have no more divinity than you; and you have no more than I. What is the difference? The difference is the experience.” Then his normally calm and balanced state lit up and inferred a state of spiritual ecstasy.

Inspiration through spiritual experience is similarly documented in stories about the 525 BC Indian Prince Siddhartha. The wealthy son of a king near present day Nepal had been six years in his constant search for the truth and his body was broken and weak from constant wandering and the practice of extreme austerities. Through the aid of local villagers, he began to eat and slowly his health was regained. When he resumed his search, he discovered that he had prayed at every shrine and there was no where left to go. Spirits danced about him as he sat underneath the Banyan tree and a voice said, “Give it up, it is of no use. Go back to the pleasures you have left behind.” Discouraged and weary, the mind of the prince went inward and suddenly he floated above the tree and into every corner of the earth. “He saw men being born, he saw them suffering and dying, and he followed their souls around the mysterious 

cycle of rebirth until he saw them return again to the earth. The prince seemed to walk within the very hearts of men until he knew all their dreamings, yearnings and longings.”¹ His consciousness ascended to yet another level and there he encountered supernatural beings, sages and spiritual teachers that dwelt in the divine, heavenly worlds. His consciousness returned to the Banyan Tree and he opened his eyes to be greeted by hundreds of monks, sages and saints walking out of the skies, welcoming him and accepting him into their order. This meditative state experience became a point of departure for the prince who became the 29th Enlightened One, known as Buddha. Refusing to leave this Earth for the Heavens of Nirvana, Buddha stayed on for forty-five more years to teach and to help others. Today it is estimated that there are over 300 million followers of Buddhism.

When Buddha graced this earth with his presence, did he ever channel his teachings to his students? Most likely. Oh, excuse me, meditative state. The word channel makes some folks’ teeth itch. Our present day culture finds it hard to accept spiritually based altered states of reality. But the truth is that this experience or a form of it is a common thread in many religions.



Muslims, Quakers and Mormons A Common Thread

When Muhammad visited a cave in 610 AD on Mount Hira outside of Mecca he had a vision and a message given to him by God. This experience continued throughout his life and the revelations contained in these visions constitute the text of the Koran.

In 1652, George Fox began preaching in Puritan England that there was “that of God in every man”. His movement based upon religious tolerance and an inward experience of God became known as The Society Of Friends, commonly called Quakers. They hold that believers receive divine guidance from an inward light, without the aid of intermediaries or external rites.² Groups of Quakers immigrated to colonial America and following leader William Penn founded in Pennsylvania a refuge as a “holy experiment” in religious tolerance. They raised their political voice in a number of reforms including: anti-slavery, Indian rights, prison reform and the women’s movement. Joseph Smith was directed by heavenly messengers when he found ancient gold plates inscribed in a hieroglyphic language in 1830. Since he had been visited by Jesus and other heavenly beings four years earlier in a vision warning him not to join any of the existing churches in his hometown of Palmyra, New York and prophesied his life work was to establish the restored Christian church, his translation of the gold plates was most likely divinely inspired. Through his translation, the plates



“The shaman
is the
person, male
or female
who in
his late
childhood or
early youth
has an
overwhelming
psychological
experience
that runs
him totally
inward
It’s a kind of
schizophrenic
crack-up.
The whole
unconscious
opens up,
and the
shaman falls
into it.”
~Joseph
Campbell



told the history about an ancient group of people who migrated from Jerusalem to America around 600 BC to 421 AD. He also translated the religious beliefs of these people into the Book Of Mormon. Today, Mormons believe that God continues to reveal his word, primarily to leaders of local units and to the President-Prophet for the church as a whole. ³

So again, I ask the question, “Were these spirit led founders of different religions channeling?” Probably. But please, read on and make your own decision.



A Definition Of Channel

A few traditional definitions of the word channel are:

- 1) A frequency band wide enough for one-way communication, the exact width of a channel depending upon the type of transmission involved (as telegraph, telephone, radio, television, etc.)
- 2) A groove or furrow.
- 3) A route through which anything passes.
- 4) To direct toward or into some particular course: to channel one's interests. ⁴ I kind of like the idea that channeling could be defined as a spiritual groove. Through my experience I propose yet another definition for a channeler: Spiritual Artist. In the free flowing and uncharted waters of the superconscious the channel paints an individual image of an experience with the Divine. Each word becomes a delicate brush stroke; universal ideas and truths present shadows, light, depth and dimension; and it is colored with the hues and tones of beliefs and experiences. Joseph Campbell gives the poet of consciousness the highest compliment, “They come from an elite experience, the experience of people particularly gifted, whose ears are open to the song of the universe.”⁵



Shamanism And Native American Culture

Native American cultures understood, valued and respected this state of consciousness. They knew that it was a talent, a gift. When the Sioux spiritualist Black Elk was nine years old he became sick, psychologically. The boy was completely immobilized, trembled and began to see deities. His parents quickly summoned a shaman. Instead of casting out the offensive demon; the shaman worked to adapt Black Elk to the deities and the deities to Black Elk. The nine-year-old boy went on to become a spiritual leader and prophet for his tribe. The German philosopher Freidrich Nietzsche once said, “Be careful lest in casting out the devils you cast out the best thing that's in you.” Indigenous cultures from South America to Siberia regarded and valued the talents of the one who could cross the threshold of this world and open up another. In *The Power Of Myth*, Joseph Campbell speaks about the shaman, “The shaman is the person, male or female who in his late childhood or early youth has an overwhelming psychological experience that runs him totally inward. It's a kind of schizophrenic crack-up. The whole unconscious opens up, and the shaman falls into it.” ⁶ From my work as a trance channel, I understand this statement. I'm sure any other channel reading this does too. Channeling was very common with the Pawnees and their priest was considered to be a medium of communication with their Spiritual Teacher, Ti-ra-wa. Often he would act as an intercessor for the tribe, and through his instruction from Ti-ra-wa was given specific training on the secrets of the sacred bundles. His prayers and requests for his tribe or for an individual were often granted because “his education and the power given him from above brought him into specially close relations with Ti-ra-wa, who seemed to



“I met him first when I was twenty - in 1851 He was in the very prime of manhood then.

I am an old woman now, but he has not aged a day.”

~ Helena Blavatsky's comment upon her first meeting with her Master Teacher



watch over him... He was an intermediary between Ti-ra-wa and the people, and held a relation to the Pawnees and their deity not unlike that occupied by Moses to Jehovah and the Israelites.”⁷



Ancient Hindu Signs Of The Talent

The Vedic Astrologers of Ancient India whose art developed thousands of years ago knew that this gift existed and gave clues of how to recognize if a person would or could become a channel through certain astrological configurations. Ketu, which is the sanskrit name for the Moon's south node, is also known as the moksha karaka, which means indicator of enlightenment. A pronounced Ketu in an Eastern Indian (sidereal) chart indicates one who is a spiritual seeker and gives great powers of discrimination, other worldliness, detachment from this world and sometimes psychic ability. When the Sun or the Moon is conjoined with Ketu, the meaning of this force is further increased and metaphysical, spiritual and psychic tendencies flourish. Today, this conjunction is known by Vedic astrologers to be present in the charts of professional psychics.⁸



Different Methods Of Channeling

The methodology of a channel can vary depending on the disposition, ability and experience of the individual. When I first became acquainted with channeling I had the opportunity to experience in person a number of channels. They were all very different and while their information and methodologies varied, they all exhibited altered states of consciousness.

One said a prayer prior to her work that she claimed, “Always put her into a trance.” Another spoke in a completely altered voice; harsh and raspy, like an old man. The channel herself was around fifty plus, had two grown children and her retired husband managed her readings. She sat upright in a chair as she gave the reading, and the channeled entity waved a pointed finger at me.

I met a very unusual channel in Phoenix, Arizona. This channel walked around and examined some fifty of us before the channeling for all of us began. My most profound experience during this time was with a channel in Salt Lake City. This channel sat on a stage in full body trance. The entity used the body with great comfort and sat like a wise old king, one leg crossed over the other. One hand cradled an elbow and the free hand steadily rubbed an invisible beard. The energy was incredible, the information lucid, understandable and impactful.

A close friend of mine works as a channel. Her relationship with her Spiritual Teacher had been long for channeling, around fifteen years. Her style is very integrative and she remains approachable; no extreme trance, but more of an inner dialogue with her mentor. Her voice remains quite normal; the information is perceptive and somewhat psychic.



Visits And Meetings With Spiritual Teachers

Many channels report that before their work as a channel begins that they are often visited in physical form by their Spiritual Teachers. This was true of Helena Blavatsky, an incredibly gifted psychic and medium who co-founded The Theosophical Society in 1875. In an 1887 meeting she spoke of her Master Teacher, "I met him first when I was twenty - in 1851. He was in the very prime of manhood then. I am an old woman now, but he has not aged a day." ⁹

In 1895 when Alice Bailey was fifteen years old she sat alone on Sunday morning in her drawing room reading. The door opened and in walked a tall man dressed in European clothes with a turban on his head. He told the impetuous teenager that there was some work planned for her to do, but would entail changing her disposition considerably. She was told, "My future usefulness to Him and to the world was dependent upon how I handled myself and the changes I could manage to make." ¹⁰ Twenty years later, she reflected on that life changing meeting, "I found that this visitor was the Master Koot Hoomi, a Master who is very close to the Christ...The real value of this experience is not to be found in the fact that I, a young girl called Alice La Trobe-Bateman, had an interview with a Master but in the fact that knowing nothing whatsoever of Their existence, I met one of Them and that He talked with me." ¹¹ Alice Bailey worked for over 50 years as a channel for her Spiritual Teachers. During this time she wrote and published 24 books and founded a school based on the teachings that she dictated.

Edgar Cayce, famous for channeling diagnostic and health information in over 14,000 readings and founding the Association for Research and Enlightenment in 1934, was just 13 years old when a woman appeared to him while he was sitting in the woods on a pleasant May afternoon in Hopkinsville, Kentucky. At first he thought the woman was his mother but then she spoke in a pure, ethereal voice, "Your prayers have been heard. Tell me what you would like most of all, so that I may give it to you." The young Edgar replied, "Most of all I would like to be helpful to others, especially to children when they are sick." ¹²

Sometimes introductory meetings between potential Spiritual Teachers and channels do not happen in the physical. One channel shared her story with me. "I was not the type of person who believed in channeling, in fact I thought it was a bunch of nonsense! I was a student of spiritual material and invited the Christ Consciousness into my heart. Things changed after that and I started on a path of spiritual awakening and unfoldment. I attended spiritual healing and meditation classes; I studied and became a hypnotherapist. Several psychic friends started to notice that there was a person (in spirit) around me all of the time. Evidently there was a light, shaped like a tetrahedron about his head. He carried much light in colors of white, gold and purple. A psychic artist drew a picture of the spirit being for me and told me that his name was Bishop. I thought that was an odd name. Several weeks later, around 3 am in the morning a loud voice woke me from my sleep, "It is time to write." I knew it was Bishop. I was still very skeptical about this type of information and told him that he would have to wait - but later that day I dictated my first session with Bishop, it was exactly 13 pages long! A lot

of the information was very new to me and taught me a different perspective. There were so many things I had not even thought about! That winter I planted white tulips and in the spring they all came up beautiful and white, except one, it was purple! I know that purple tulip was from Bishop. Even today and especially when I'm channeling people will comment about all the purple light around me."



A Channeled Introduction

My first introduction to my Spiritual Teacher was through another person, but eventually we did meet. I was 22 years old when I walked into a health food store in Sequim, Washington, and as I started to close the door behind me the owner of the store pointed her finger directly at me and firmly stated, "You have work to do for Master Saint Germain!" I was an advertising representative at a small, weekly paper, and I had previously spoke on the phone with the store owner; she wanted to place an ad for a discount on strawberry jam. Twenty minutes ago her voice had been feminine, calm and business like. The voice coming from the sales counter was definitely male, penetrating and commanding!

I politely shut the door and approached the counter with some hesitation. "Who is Saint Germain?" I asked. Now the storeowner responded in the same calm, kind voice that I recognized from our phone conversation, "Follow me. Back here." And she pointed to her office towards the back of the store.

I followed her through rows of neatly tiered vitamins to her office and noticed that on the wall was a picture of a man dressed in a powdered wig, waistcoat and knickers, circa late 1700's. It was an immediate recognition, like I had known him before. Logically, there was no way I could have ever met him, but the feeling of instant recognition was very intense. She held her hand out to me, "My name is Florence." Funny, I felt the same way about her too.

Florence went on to explain that Saint Germain was an Ascended Master and is a member of the Great White Brotherhood. These were all new terms for me and I asked her if she had any information that I could read. She gave me some printed literature and wrote down the names of several books I should read. I had only been there a few minutes but it seemed as though time stood still. That afternoon in 1978 changed my life; and Florence became a good friend and one of my first teachers of the Ascended Masters. Still, to this day I've wondered if the voice that predicted my work for my Spiritual Teacher was indeed channeled through her. And yes, I did pick up the ad for the strawberry jam!



"I walked into a health food store in Sequim, Washington, and as I started to close the door behind me the owner of the store pointed her finger directly at me and firmly stated, "You have work to do for Master Saint Germain!"



Learning The Ropes

When I began to channel, I didn't know that I was. It sounds funny to say that now, but that was how it started. I had begun meditating in my late teens but it wasn't until I had become an Ascended Master student that I recognized several of the Ascended Masters as my Spiritual Teachers. Often they would appear in my meditation and offer supplemental information to my current studies. This early relationship offered nothing profound for humanity, but for me this help was immensely beneficial, insightful and broadening. It was very much like a tutor and student. During this time I met a remarkable woman who became another teacher to me. Leona was well versed in metaphysics and taught me past life regression techniques. She would drive twelve miles out across the Idaho prairie on gravel roads to our remote farm and help get my three pre-schoolers down for their naps. Then the afternoon was ours! We'd practice the technique and regress one another. Leona was an avid journal keeper and she encouraged me to keep notes of my regressions and of my dreams. I spent an entire year reviewing past lives and in meditation with the help of my Spiritual Teachers was able to understand the significance of each lifetime and its relationship to my current life.



A Meeting With Master Saint Germain

I was alone on a walk one day, up a dirt road from our house, north of the barn. Remembering the personal prophesy of years before I said a prayer to my Spiritual Teachers and offered to help them in some small way. Several days later I was awakened in the night from my sleep. The smell of electricity filled the room, much like the air before a thunderstorm. I sat up. At the foot of my bed stood St. Germain! His aura crackled with white and violet light. I reached forward to touch him and the form vanished.

Five years later I attended a metaphysical class on using meditation and alternative methods to deal with stress. After the class, a group of us were exchanging stories about meditation. I shared my stories of my inner instruction and was surprised to find out that this was not a common occurrence. I had always assumed that most people, when meditating, received inner teaching of some variety. One of the ladies laughingly remarked, "It sounds like you're channeling!" When I decided that I could channel formally, and allow another person to be present with me I felt very embarrassed. In the past, my relationship with my Spiritual Teachers had been private; sacred. Now, someone else would be included in my time with them, and I felt unsure and insecure. The first couple of sessions were slow and tedious. I was self-conscious and my lack of confidence made it even harder to slip into the familiar, relaxed state of meditation that I knew would be required. At one point we even tried playing soft music, but nothing worked.

Finally, out of frustration I laid down on the couch hoping that I could fall into a light sleep. I had been able to do this before with great success. I closed my eyes and focused my energy and thoughts to the center of my forehead. Soon, thousands of bright lights were rushing at me, a sign of altered consciousness. In about a minute I lifted my hand, "I'm here and they are here."



Physical Changes

In the beginning of my channeling career, the best analogy to describe my methodology was a telephone; better yet, a telephone line. The Spiritual Teachers would



“What is
God?”
- the Source
replied,
simply,
God is a
being
who can
recognize
good
without
evil as a
point of
reference.”

~A question
from Harry-
Paul
Solomon's
monitor
during a
trance
session.



telepathically transmit information that I would audibly repeat. A question from my monitor would be asked, and then I would telepathically relay the monitor's question to the Spiritual Teacher and their telepathic answer would be given to me. I would then audibly repeat the answer and so on. This process continued for about twenty sessions. Then I began to notice physical changes. The first thing was that I had dropped over ten pounds, almost effortlessly. Of course this made me quite happy and I have since discovered that sudden weight loss and/or weight gain is typical among trance channels and particularly when they are doing a lot of trance work. The next thing that I noticed was a tremendous burning in my chest and a nagging cough in my throat. Later, I discovered that my entire chakra system was in the process of being cleared and purified by my Spiritual Teachers in preparation for the work that they had planned. This is also a common story among channels.



Where Two Or More Are Gathered

Almost every trance channel works with at least one other person who is present at every session. The exception to this may be channels who work via automatic writing or dictation. There are many advantages to this relationship and while it would appear that the person not channeling is only operating the tape recorder, they are doing much more.

This person performs a very valuable role for the channel; they become a battery of energy, which assists the channel while in a trance session. The monitor serves as a source of energy as the channel enters into trance and becomes a grounding influence after the channel awakes from the trance state.

Therefore, during the trance session the energy of the channel and monitor become ONE. You might remember Matthew 18:20, “For where two or three have gathered together in My name, there I AM in their midst.” While it is still possible for a channel to enter a trance without the help of a monitor, the extra energy provided by the monitor is extremely helpful.

The monitor can play an important role determining the type of information that is given. Because the monitor dialogues extensively with the Spiritual Teacher(s) during each session the types of questions asked can sometimes result in new and thought provoking information. Paul Solomon, a clairvoyant and clairaudient since the age of four who became a world renown deep-trance channeler of the Spiritual Teacher called simply The Source learned more about the art of channeling as he and his monitor Harry were told that, “They (the Source) would not answer any but specific questions; that it was in the framing and the asking of the question that the response was formulated. So, in order to bait and hook that submarine body of truths they were trying to fish up, Paul and Harry asked what they conceived to be the ultimate specific question – “What is

God?" - hoping to elicit some sort of encyclopedic contribution to mankind's store of theological understanding. To their utter bewilderment, the Source replied, simply, God is a being who can recognize good without evil as a point of reference." ¹³

I once spent an entire summer channeling with a new monitor. I had been experimenting with 'sitting up' for my trance sessions but still found it difficult to achieve the deeper trance that I was accustomed to. My new monitor encouraged this process and her helpful support allowed my channeling technique to expand and mature. Our sessions were held at her home which was inordinately alive with frequent visitors in and out of the door, pets running and jumping, constant telephone ringing and a short wave radio, which was on most of the time. One might think that this would be a difficult environment to channel in, let alone relax! But it was through these adverse conditions that my new abilities were exercised and strengthened. Harry, her affectionate and friendly dog, loved the Spiritual Teachers, and the moment that they would enter via my trance state, he had to say hello. He'd run over, jump on me and lick my face jarring me from my trance! The monitor would scold him, I'd adjust myself for another try but often the same thing would happen again. It didn't help much to put him outside. He'd bark until he was let back in. I persevered and soon learned that I could adjust and strengthen my trance state through many types of interference. This little white dog became my teacher of focus and discipline - an important point in channeling. A Spiritual Teacher once said, "Adepts adapt."

During this time I began to channel for small groups of people. Through this experience I became acquainted with many new subtleties of energy while channeling. If the energy of the group was high and positive, after the session I would feel balanced and energetic. But, if there were negative thoughts or feelings, skepticism or doubt, I would often feel drained and tired. A frequent guest and friend of the monitor was an enormous battery of energy; I loved for her to sit next to me during these sessions. Her positive energy would embrace me while I was in trance and afterwards I felt physically regenerated. These small nuances can make a large difference for a channel.

Monitors can also work long distance. Several years ago I was working on a series of channeled lessons for my Spiritual Teacher. These lessons would be telepathically dictated and written, without the need for tape recorded, voice received information. I mentioned this to a friend who was also a student of the Ascended Masters and she volunteered to work as my monitor. When I explained to her that the sessions would begin at 4:30 am every morning, she didn't hesitate at all, amiably adding, "I'm up anyway at that time." The interesting point is that she lived over 100 miles away and her monitoring would be done through meditation. One morning I slept in and around 7am the phone rang. "Where were you?" she exclaimed. At that moment I realized that the interconnectedness and ONENESS of the channel and monitor could defy physical proximity and location. Almost every trance channel I know works with a monitor and is grateful for their service. Sometimes a channel may work with more than one monitor. Edgar Cayce was said to have worked with two to three.



The Different Levels Of Trance

Towards the end of one session something memorable occurred. I experienced an incredibly high pitch sound and almost simultaneously an internal explosion of light and consciousness. My voice boomed into the recorder, "I AM Lady Opportunity. May I help you?" Even though I was in a trance state, the feeling jarred me some, and I immediately

reverted back to the normal session style of relaying questions and answers. After the session my monitor was grinning from ear to ear. I begged him to play the tape back, so I could hear it again. It was unmistakable; my trance work was evolving.

Through the years of working and learning as a channel I have come to understand that there are different levels of trance work. While it seems to have little impact on the quality or quantity of information; the depth of the trance seems to be geared for the channel, the monitor and the degree of work or service that they are performing.

Some channels enter into trances so deep that they have no recall whatsoever of what is being said. They have to listen to or read their own information after the session. This was the type of trance that 'The Sleeping Prophet,' Edgar Cayce used. Psychologist Dr. Gina Cerminara writes in the book *Many Mansions*, "In his early years Edgar Cayce was as startled as the next man to learn he had given medical counsel to an Italian in fluent and flawless Italian. Nor was the complicated medical terminology that rolled off his tongue any more intelligible to him in his waking state than was the fluent Italian." ¹⁴ One time a deep trance channel told me that she would be sent to another place to receive her own instruction as the Spiritual Teacher used her body for its work here. Many trance channels enter into very light trances and are able to remember much of what was transmitted. One of the old arguments against channeling is that deep trances are not good for the channeler. While the act of channeling itself provides others with beneficial information (and therefore creates favorable dharma for the channel) it is harder for the channeler to grow spiritually, simply because they are not present. A lighter trance has many advantages as the channel can retain much of the spiritual information.

Many channels work fully conscious at their typewriters or word processors eliminating the need for tape recorders and transcribing. Through this method they are able to carefully dictate each word for their Spiritual Teachers. Alice Bailey chose this form of channeling and wrote about it, "This whole subject has been made difficult because of the many metaphysical and spiritualistic writings which are of so low an order of intelligence and so ordinary and mediocre in their content that educated people laugh at them and cannot be bothered to read them. I want to show, therefore, that there is another kind of impression and inspiration which can result in writings far above the average and which convey teaching needed by coming generations. I say this in all humility for I am only a pen or pencil, a stenographer and a transmitter of teaching from one whom I revere and honor and have been happy to serve." ¹⁵



“In his
early years
Edgar
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startled as
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~ Dr. Gina
Cerminara
from
"The
Sleeping
Prophet"



Throughout my years of working as a channel I have had the opportunity to work at most of these levels, although my personal preference is voice transmitted material, medium to light trance.



Telepathy, Clairvoyance, Clairaudience

In order for a channel to move beyond the five senses three types of ESP must be developed. They are telepathy, clairvoyance and clairaudience. Telepathy, more commonly known as 'mind reading' allows the Spiritual Teacher and the channel to form a link. I noticed that as my ability to channel improved that the transference of information between the Spiritual Teachers and myself became stronger. The telepathic link between us had become seamless, that is, I didn't have to go into a trance state to communicate with them. I feel their presence about and around me all of the time. This seems to be true with other channels. Clairvoyance, or second sight, is another valuable tool for a channel. This allows for mental pictures and prolonged visions to become clear and understandable. This ability allowed me to channel very detailed earth changes maps. Often, Spiritual Teachers will show diagrams and technical information to assist a teaching. Technical Channels are often very proficient clairvoyants with the ability to diagram and see things that may not be recognizable in today's world. Imagine seeing a space rocket for the first time, how would you describe it? This is what Jules Verne did in his writings of 1865. "Verne's spacecraft, the Columbiad, took off from Florida and splashed down in the Pacific, where its three-man crew was rescued by an American ship." ¹⁶ However, he was not the first to see or visualize human flight. The 1488 sketches of Leonardo da Vinci envisioned air flight with a device called 'The Airscrew.' These two visionaries never claimed any psychic abilities, but it is clear that at certain levels their clairvoyant abilities were indeed developed. Clairaudience, or inner hearing, is the ability to hear things not perceptible in the usual way. After the telepathic bond with their Spiritual Teacher is developed, clairaudience is the next ability that is unusually developed by the channel. This allows for the channel to hear the teacher's voice and other information that may be given. Joan of Arc may be one of history's most famous clairaudients, and she claimed that the voices of Saints Michael, Margaret and Catherine directed her destiny.



The Harmony Of The Spheres

Many channels claim to hear celestial music before or after channeling and these types of heavenly melodies have often been referred to as 'The Harmony Of The Spheres.' Ethereal notes and choirs may have inspired Wolfgang Amadeus Mozart as a child prodigy, writing his first minuet when he was just six years old. In a letter to his father he explained, "Everything has been composed but not yet written down." ¹⁷ In just 35 years he composed seventeen operas, forty-one symphonies, and twenty-seven piano concertos. "Mozart never tried to understand who he was, but his ingenious naiveté was a perfect vessel for his seemingly heaven-sent compositions." Don Campbell in *The Mozart Effect* continues, "No matter how absurd and tragic his life, the channel to celestial harmony was never interrupted." ¹⁸ The Vedas, who are the sages of Ancient India, clairaudiently heard the singular sounds that each planet made and claimed that if it was repeated would produce that planet's light and energy for the person repeating the sound. These are commonly known as bija seed mantras and can produce healing, spiritual enlightenment and a sense of well being when properly used. A popular bija seed mantra is OM, which vibrates to the Sun.



The ability to read these vibratory records lies inherent within each of us, dependent upon the sensitivity of our organization, and consists in attuning to the proper degree of consciousness much like tuning a radio to the proper wavelength.”
~Edgar Cayce on reading Akashic Records.



Moving With The SuperSenses: The ONE And The Law Of Love

As these three supernormal powers of telepathy, clairvoyance and clairaudience continue to develop, this natural unfoldment leads to an expansion of consciousness. H. P. Blavatsky once commented, “A person becomes gradually ONE with the UNIVERSAL ALL,” and continued to add “new senses and new powers...infinitely more good can be done than without them.”¹⁹

Paul Solomon was once approached by the C.I.A. to clairvoyantly take a look (i.e. remote viewing) at some Soviet files. W. Alexander Wheeler recreates the unique encounter between Paul and the agents in the biography of Paul Solomon, *The Prophetic Revelations Of Paul Solomon*, “Now look, here’s the principle: If I want to know what you’re thinking right now, all I have to do is care more about what you’re thinking than what I am thinking. That’s it; that’s the law of telepathic communication, and as soon as I care more what you’re thinking than what I am thinking, I will give up my thoughts and I will absorb yours, and I will understand you - and that’s the way we’re going to have to get into these Russian files. We are going to have to care what they are thinking. It’s a law of love. You want to join me in this exercise of loving these guys in the KGB? They choked! And sent me home!”²⁰



Useful Metaphors: Computers And The Information Age

Today’s Information Age provides a powerful and helpful allegory to understanding channeling, the supersenses and higher consciousness. Many channels express computer analogies when speaking about their spiritual art. Downloading often refers to time spent in oneness with Spiritual Teachers, with large amounts of information mentally infused to the channel to be retrieved later. A computer’s ability to store, catalog, organize and retrieve vast amounts of information is a helpful metaphor to understanding the Akashic Records. Almost every channel accesses the Akashic records to obtain information. This explanation and definition given comes from the trancework of Edgar Cayce. “Akasha is a Sanskrit word that refers to the fundamental etheric substance of the universe, electro-spiritual in composition. Upon this Akasha there remains impressed an indelible record of every sound, light, movement, or thought since the beginning of the manifest universe. The Akasha registers impressions like a sensitive plate, and can almost be regarded as a huge candid camera of the cosmos. The ability to read these vibratory records lies inherent within each of us, dependent upon the sensitivity of our organization, and consists in attuning to the proper degree of consciousness much like tuning a radio to the proper wavelength.”²¹ Very often a channel brings through

information in a session and simultaneously the same information is perfectly re-languaged by another channel located across the globe. The two channels may have different Spiritual Teachers, beliefs and experiences, but the basic information is coming from the same place. My astrologer friend once told me that she thought that our current technology was only in the infancy stages of the Information Age. It is consoling to think that computers are not just technological monsters, raising Y2K havoc and reducing our lives to a cold, heartless control; but indeed, are valuable teachers mirroring back to us a glimpse of our own latent, undeveloped potential. Perhaps in the future through evolving and perfecting consciousness there will be no more need for constant hardware upgrades, increased memory capacities and the latest silicon chip - our own developed supersenses will do this for us!



Universal Mind, The Internet Of Consciousness

Mainframe computer servers and the Internet are insightful metaphors to language interconnectedness, the ONE and Universal Mind. Universal Mind operates like a huge computer server and while we are all connected to it, the supersenses of a channel can bring us into greater rapport with its benefits. After a channeled session attendees often report a feeling of high energy, positive attitudes, happiness and a sense of light-heartedness. It appears that channels not only channel information but are able to channel a high, spiritual energy - the energy of Universal Mind. Emanuel Swedenborg a Swedish channel, mystic and spiritual researcher of the 17th Century writes about this Mind in *Divine Love And Wisdom*, "The spiritual mind, therefore, is not opened from birth, but is only in the capability of being opened. Moreover, the natural mind derives its form in part from substances of the natural world; but the spiritual mind from substances of the spiritual world only; and this mind is preserved in its integrity by the Lord." ²² Universal Mind is not bound by time or space; it exists around us, and is sensitive to our needs and desires. Ernest Holmes wrote about this concept in the first issue of *Science Of Mind Magazine*, published in October, 1927, "We believe that the Universal Spirit, which is God, operates through a Universal Mind, which is the Law of God; and that we are surrounded by this Creative Mind which receives the direct impress of our thought and acts upon it. We believe in the healing of the sick through the power of this Mind. We believe in the control of conditions through the power of this Mind."



Spiritual Artists, The Pioneers Of Consciousness

It would appear that our positive future relies upon the Art Of Channeling. Artistic expression has always been at the center of any revolution and why not choose a modality that speaks for the subtle and unseen realities and heralds an age of humanity's spiritual development? Only time will measure the credibility of the current group of spiritual artists in our world today. We all may fall by the wayside and history might remember this time period as The New Age Wave and its chronicle will appear in documentaries with the likes of beatniks, bomb shelters and hula hoops. Or better yet, all the information that has been channeled is thoughtfully and sincerely applied and today's channel becomes tomorrow's stalwart pioneer of consciousness. The Spiritual Teacher, Seth, whom through Jane Roberts channeled over 1,800 sessions which are now archived in the prestigious Yale University sums it up, "When man realizes that he, himself, creates his personal and universal environment in concrete terms, then he can begin to create a private and universal environment much superior to the (present) one, that is a result of haphazard and unenlightened constructions. This is our main message to the world, and this is the next line in man's conceptual development." ²³

“Timelessly and agelessly, the unknown poet sings,
'O, let not the flame die out!
Cherished age after age in its dark cavern
- in its holy temples cherished.
Fed by pure ministers of love -
let not the flame die out!”

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Notes

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“The spiritual mind,
therefore, is not
opened from birth,
but is only in
the capability
of being
opened.

Moreover,
the natural mind
derives its form in
part from substances
of the natural world;

but the spiritual
mind from
substances of the
spiritual world only;
and this mind is
preserved in its
integrity by the
Lord.”

~Emanuel
Swedonborg



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